

# SHS NEWS



SURREY HOSPICE SOCIETY Newsletter

Summer 2020



Summer is here and with it a “new normal” that will take some getting used to. We are still not able to gather together safely in large numbers; thus, we are waiting and hoping to have our much delayed AGM in the fall. However, if that proves to be impossible, we will look to moving the meeting online. We will definitely keep you informed!

We have been holding our support activities and educational training online and have experienced a major growth in participation with people joining us. Not only from Surrey, but from other communities in BC and throughout the world. Clearly, people want to help, they want to heal, they want to lift each other up. Our mission is to join them in this journey and we are doing our very best to do so.

Our thrift store in Newton has reopened on June 16th. Our amazing staff and volunteers are working hard to ensure that all safety precautions and public health advice is adhered to in order to protect our staff, our volunteers and everyone who comes to shop, donate and support us. We are incredibly grateful.

Unfortunately we had to cancel some of our fundraising events for 2020 (Hoedown for Hospice Pub night, Show, Shine and Sock hop for Hospice, Annual Halloween Howl Dance for Hospice) and we’re making plans for these events to happen next year— however, we have been working diligently to find NEW ways in which you can help support us. We have added the ability for you to donate your empty beverage container deposit returns, or even donate a car!! We’ve added online donation opportunities such as GoFundme for Charity and Fundrzer.com. Also, please see our website for our new event; Heart & Sole (Hike for Hospice).

COVID19 is still wrecking havoc on the world and the Surrey Hospice Society is needed more than ever before. People are grieving the loss of their loved ones and also grieving the loss of so many others around the globe. These truly are unprecedented times. We **know** that we are **ALL** linked, and that we must support and care for each other—that NO ONE need ever be alone - Surrey Hospice Society is, and will always be, here to help. We are your COMPANIONS FOR THE JOURNEY.

Kind regards,

Rebecca Smith  
Executive Director  
Surrey Hospice Society

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# Letter from the President of the Board



Thanks again to all of our Volunteers, Staff and Board Members;

After three months of quarantine, many of us I believe are yearning for some normalcy to return. It is sure difficult to assess our direction forward, while so much remains uncertain about our recent past. Are we now used to saying farewell to our loved ones, a mother, a father, through cellphones, or Facetime?

As always, we at Surrey Hospice Society would not be able to do what we do without all of you, but now we need to figure out how exactly we can safely return to the work of our great cause? As said before, we remain determined and committed to remaining a great and vital service and support to our community.

Since both our thrift stores remain closed during this time, and our fundraising events cancelled, we need to ask you all again to consider [asking your friends to consider](#) donating directly to help ensure the continued existence of Surrey Hospice Society.

There are still many ways we can contribute to our mission. There are still courses for those wanting to take the volunteer training course, and there is still now also the second level training for those who wish to provide grief support and companionship. This course is being offered online over the course of a few weekends. Please contact our staff for more details. While we cannot hold public events at this time, we are planning to do so next year. Again, please consider joining one of our event planning committees, or, if you prefer, plan a fundraiser of your own, [donating](#) proceeds to the Surrey Hospice Society. As said before, we still require help with many office and administrative tasks, as well as our hospice support programs and educational outreach. As always, we are still recruiting volunteers to hopefully soon be able work in our thrift stores, again. Please visit the website, or call our office is you have time and resources you feel may help our client families.

We still regret having had to postpone our volunteer appreciation events for the interim, we look forward all that much more to when we can renew our contact with all of you directly and to celebrate all the contributions you have and continue to make!

We do remain committed to [meeting](#) our current challenges, hoping these changes may ultimately help us expand our reach into the community, while simultaneously expanding the reach of our counselling and hospice services, digitally on line.

Best Regards,

Thomas P.J. Crean  
President, Surrey Hospice Society





# Heart & Sole

## Virtual Hike for Hospice

For more information please visit:  
[www.surreyhospicesocietyevents.com](http://www.surreyhospicesocietyevents.com)



**June 1st to August 31st**

**Surrey Hospice Society**  
604-584-7006

Every Step Counts, Honor your Loved Ones and Help your Community.  
Create your own 1-5-10 Km walk / run / hike / bike . Prizes available .

### **Tom Crean—President of the Board**

Third generation funeral director Tom's family owns Kearney Funeral Services Ltd., BC's oldest and largest family funeral service company. Tom's grandfather Tom Kearney started serving the bereaved in Vancouver in 1908. In 1979, Tom bought Columbia Chapel (in New Westminister) and with his brother Michael in 1991, purchased Royal Oak, Woodlawn, S. Howell and Sons, (former head-office of Loewen Group), also in New Westminister. In 2000, opening a new facility in Cloverdale, the Kearney/Crean clan restored family funeral service to Surrey, and in 2017, restored it to Burnaby as well.

In 1988, Tom's mother, Ellen Kearney Crean and wife Jo-Ann Turner, founded the BC Bereavement Helpline. Tom became strongly involved in consumer advocacy early in his career as B.C. back in the 1970s had little funeral service regulation. This fact attracted two of the largest multinational funeral conglomerates to Vancouver, back in the mid 1960's. Actually, they first met here, By 1990 the funeral chains were handling more than 80% of the funeral arrangements in Greater Vancouver.

By invitation, Tom has now testified before regulators in many jurisdictions, including Ottawa, New York and Washington, D.C. He has contributed to the passing of regulations in various jurisdictions including B.C. but remains very concerned about still inadequate regulations coupled with the lack of enforcement to date in his home province.

In addition to now serving his second term on the Board of Surrey Hospice Society, Tom has and now serves on several civic and professional organizations: Past-President of the Rotary Club of Vancouver, Director of the Canadian Institute for Information and Privacy Studies, former Director of the BC Freedom of Information and Privacy Association (FIPA) for 23 years, and director of the BC Association for Media Education.

Father of three, Tom is an avid singer/songwriter and musician, playing the guitar and banjo. He also enjoys hobbies of tennis, swimming, skiing, fishing, and boating in his spare time.



**NOTICE OF ANNUAL GENERAL MEETING OF  
SURREY HOSPICE SOCIETY  
(the “Society”)**

**NOTICE IS HEREBY GIVEN that the annual general meeting of the Society**

**Has been postponed until such time that the membership is once again allowed to convene together in person. Once such a time is confirmed official notice shall be sent to all members in good standing as per the bylaws of this Society and the regulations set forth in the British Columbia Societies Act. In the interim, we urge all current members to ensure to renew their membership and those who are interested in joining us in our mission, to join us—you’ll be glad you did!**

**BY ORDER OF THE BOARD OF DIRECTORS**



# New Website!

<https://www.surreyhospice.com/>

We're excited to finally share our new website with you! Our last website redesign was over a year ago, and we decided it was time for a refresh. It was also necessary to define our objectives for the redesign with a familiar, but modern look and feel. After using various resources from the original site and collaboration sessions, we came up with a new look.

Our site reflects our society's need to be tranquil and yet inspiring with bold imagery of nature. We wanted our website to reflect a friendly, soothing background environment to their visit, to our pages.

The new website includes our company philosophy, updated team member photos and quite a bit of new content describing events, our services and how to find ways to donate or get involved.

We are proud of the beautiful website we designed for our clients, and hope they will enjoy it too as we have added member pages as well. This will allow us to shine the spotlight on our web community members and engage them to get more involved.

The final product is fresh and new, yet still recognizable.

Take a look around, explore our new pages, and let us know what you think! Feel free to reach out to us on social media or send us an email at [info@surreyhospice.com](mailto:info@surreyhospice.com)





# Introducing the Board of Directors



## **NIOVI PATSICAKIS—Vice President:**

Niovi is a retired teacher, now on call. She has taught over 30 years in the classroom and in the field of remedial reading and special education. She holds Bachelor of Education and Master of Education degrees from McGill University.

She is well known as a strong advocate for public education. For many years she was the President of the Association of Surrey Specialist Educators. In 2012, she was a representative on the Surrey teachers Bargaining Committee attempting to get more supports. Over the years, she has presented many briefs to government and school board, written many letters to Members of the Legislature and Surrey newspapers. In 2014 and 2018, she ran for the Surrey School Board. Currently, she is administrating three Facebook Education Advocacy groups. Helping others, standing up for social equity, justice and unity, are her life time goals. She joined in 2013 and is now the President of Global Peace Alliance BC a multicultural organization that strives to empower people and their educational, cultural and other grassroots networks to build and sustain a culture of peace both at home and in the community. She joined Surrey

Hospice as she is firmly rooted in its cause of supporting others in their time of need, ensuring their mental well being and happiness. Niovi has a 98 year old mother she treasures and empathizes with others who are caregivers of elderly finding comfort in Hospice.

## **CHANPREET KOONER—Director:**

Chanpreet Kooner is a trial lawyer at BOBBLAW. His practice primarily focuses on a broad range of complex civil litigation matters which include real estate, commercial, construction, and personal injury. He brings practical experience to the table that includes time in both the real estate and construction industry.

One of the many reasons Chanpreet chose the legal profession was that lawyers are in a unique position to help individuals, groups, organizations, and corporations with their legal problems. In doing so you can aid people from all walks of life and provide improvement to the community.

Chanpreet implements messages about giving back into his practice. Chanpreet and the team at BOBBLAW are very committed to raising awareness for the Surrey Food Bank, which is a non-profit charitable organization that provides food to families living in Surrey and North Delta.

Chanpreet offers free initial consultation but invites donations to the Surrey Food Bank. Through this initiative, he shows his passion for both helping people with legal advice while continuing to raise awareness for the local food banks.

By joining the team at the Surrey Hospice Society, he looks forward to making a difference in our communities and the lives of many.



**JOHN ALDAG—Director:**

**John Aldag** was born and raised in rural Saskatchewan. He had a 32-year career with **Parks Canada**, including postings in the Yukon, the NWT, Canada’s Rockies, rural Manitoba and Saskatchewan, Southwest Ontario, BC’s lower mainland and Vancouver Island.

Aldag was elected in the 2015 federal election as the Member of Parliament for Cloverdale—Langley City. In the 42nd Parliament, he was appointed to three parliamentary committees; the **Environment and Sustainable Development Committee** which he chaired for the final year of his term, the **Special Joint Committee on Physician-Assisted Dying**, and the **Special Committee on Electoral Reform**.

Aldag earned an MBA from **Royal Roads University**, a Bachelor of Business Administration from **Thompson Rivers University**, and a Certificate in Public Sector Management from the **University of Victoria**.

Aldag and his wife, Elaine St. John, a doctor at Surrey Memorial Hospital, have one son and two daughters and have lived in Langley since 2005.



**MARY-EM WADDINGTON—Director:**

Mary-Em Waddington has 25 years experience working in the not for profit sector. She is the Executive Director of BC Technology for Learning Society and sits on various boards dedicated to issues relating to education and the environment including the Recycling Council of BC, Computers for Success Canada, and Canadian Parents for French. She experienced a family member passing away at Hospice and firmly supports the work and mission of the Hospice. Mary-Em joined the Surrey Hospice Society in 2020.

<https://www.linkedin.com/in/mary-em-waddington-04970419?trk=hp-identity-name>



# Heart of Hospice: Volunteer Profiles

A Profile written by Raina Niessen for Surrey Hospice Society June 2020

Life is an education where each and every one of us participate. Sometimes we are the teacher and sometimes we are the student. Learning about hospice and palliative care can provide us some life-changing lessons. This is exactly what one of our volunteers Del Boutlier found out when he attended an information session provided by one of his university professors. There he heard about the importance of volunteerism and giving back to one's community. Del was so inspired about this idea that he then educated himself on volunteer opportunities in his community; this is where he found his place with Surrey Hospice Society.

His first impression of the Surrey Hospice Society is how gifted the staff were. The volunteer coordinator made all the trainees feel welcome and at ease. The 'education' provided by the society helped Del navigate the course, and what he learned made all the difference in what he describes as the "sometimes turbulent and unpredictable water of hospice volunteering."

Del found himself surprised about all the additional supports and programs that Surrey Hospice Society has available for families and those who are touched by the loss of a loved one. All this education showed Del "that Surrey Hospice really makes an effort to be family inclusive and provide a full spectrum of care for their clients." Del admits that it can be challenging seeing suffering and not being able to do anything about it. Learning how the moments of laughter and smiles and sharing of one's company can make a difference during these difficult times truly is the lesson.



Something that people might be surprised about is that Del speaks Japanese, a language he learned in high school, and a skill he was able to put to use on a trip to Japan. Del describes himself as calm, accepting, easy going, and curious. "Perhaps even funny," he hopes. In his spare time, we can find Del in the garden with his neighbors and listening to music. He also enjoys going for walks with his dog.



Del wishes that people knew that hospice volunteering is greatly needed and not as scary as one might think. As well, there is immense healing power and reassurance that is conferred merely by being present with someone. It is understood that we all require social contact to maintain positive psychological well-being. As such, the role of the hospice volunteer is of critical importance. After all, "It is not from ourselves that we learn to be better than we are."

-Wendell Berry



# Virtual Fundraising Spotlight: Heart & Sole

With all of the uncertainty with COVID-19, we wanted to create a campaign so people could still have a way to support us and also stay active while in self-isolation, self-quarantine, or physically distancing.

From June 1st to August 31st 2020, we are asking people to participate as a Virtual Hiker!  
A virtual Hike for Hospice will allow people to create their own Hike.

This can be around your property at home, on a treadmill, or safely around your community. If you do choose to hike around the community, we ask that everyone please obey all signs and/or notices and to please practice physical distancing to protect yourselves and others. We are counting on participants for imaginative ways to take the steps virtually. For the protection of everyone's health and safety we ask that then when walking, please follow the BC Public Health directives.

By joining in the hike you will be able to reach out to friends and family using our forms and our fundraising page to collect donations. The hike this year is as much about mental health as it is about fundraising. Get people together virtually and do something fun! Surrey Hospice Society is encouraging people to register for Heart and Sole a Virtual Hike for Hospice and to join together virtually for a 1km, 5km, 10km walk, run or bike ride. Participants can go to a nearby park, walk or ride on one of the beautiful paths and walking trails in your community, use a treadmill, stationary bike or even walk around their yard.

Complete an individual Run or Hike in your own time and at your own pace at any destination of your choice.

Is there a special person you'd like to walk, run, bike or hike in honour or memory of? Please feel free to send us a picture along with their name, and we will share it in our public, "In Memory & Honor Album". We also ask everyone consider making a donation to Surrey Hospice Society in honour of the loved one they are Walking, Running, Biking or Hiking for.

100% of the funds raised in our community remain in our communities For more information and to register, please visit our website [www.surreyhospicesocietyevents.com](http://www.surreyhospicesocietyevents.com) Or contact our us at 604-584-7006, Please leave us a detailed message and how we can contact you.



# Grief Companions

Created by Sandi Bossons, MA, RCC for The Surrey Hospice Society on June 18, 2020

I am excited to announce that in July of this year, we will be offering our first volunteer training for Grief Companions. This will prepare volunteers to “companion” those who are grieving, offering a listening ear and valuable support. Alan Wolfelt explains that the word companion, when broken down into its latin roots, means com for “with” and pan for “bread”. A companion is someone you share a meal with, a friend, an equal.

Alan Wolfelt created these tenets for companioning the bereaved:

Companioning is about.....

Being present for another person’s pain; it is not about taking away the pain.

Going to the wilderness of the soul with another human being; it is not about thinking you are responsible for finding the way out.

Honouring the spirit; it is not about focusing on the intellect.

Listening with the heart; it is not about analyzing with the head.

Bearing witness to the struggles of others; it is not about judging or directing these struggles.

Walking alongside; it is not about leading.

Discovering the gifts of sacred silence; it is not about filling up every moment with words.

Being still; it is not about frantic movement forward.

Respecting disorder and confusion; it is not about imposing order and logic.

Learning from others; it is not about teaching them.

Compassionate curiosity; it is not about expertise.

When I read through these, I want to highlight the action part of companioning. It is about being present, honouring the spirit, listening with the heart, bearing witness to struggles, walking alongside, discovering gifts, being still, respecting confusion, learning from others and being compassionately curious. When



I think about times when I was deeply grieving, these are things I yearned for, but wasn't sure where to find them. Who would take the time to listen to my story, be still with me, stay curious and walk alongside me? My family was far away and my friends were very busy. There was an intense loneliness in my grief that I just couldn't escape. I know that having a grief companion would have been such a gift for me. I feel this is true for others.

Alan Wolfelt talks about "going to the wilderness of the soul" with another human being. This actually reminds me of a book I read recently entitled "Braving the Wilderness" by Brene Brown, PhD, LMSW. Dr. Brown talks about the metaphor of the wilderness and how it can represent "everything from a vast and dangerous environment where we are forced to navigate difficult trials to a refuge of nature and beauty where we seek space for contemplation. What all wilderness metaphors have in common are the notions of solitude, vulnerability, and an emotional, spiritual, or physical quest."

When we "go to the wilderness of the soul", we have to access our courage. Many people are afraid to venture to this place where it could be dangerous or lonely. One of the amazing gifts we can give to people who are grieving is joining them in their courage to explore this unknown place. This "joining" laughs in the face of loneliness. So going back to those action parts of companioning, I would like to add braving the wilderness and joining one in their journey. This is a beautiful thing, not to be underestimated or undervalued. It is rare and precious and sacred. This is my wish for our clients, that they have the opportunity to have a grief companion to "walk alongside" them as they share their grief and brave the wilderness.

## **References**

Companioning the Bereaved by Alan D. Wolfelt, PhD. Retrieved from The Centre for Loss and Life Transition ([www.centerforloss.com](http://www.centerforloss.com)).

Braving the Wilderness by Brene Brown, PhD, LMSW, Published in 2017.





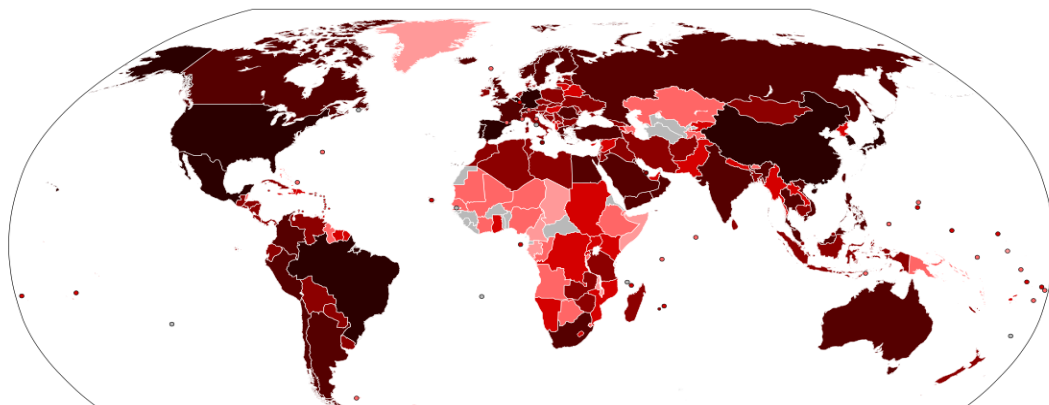
# Coping with Grief During a Global Crisis

*Created by Jas Cheema for Surrey Hospice Society June 2020*

The global crisis has forced the world into a new reality full of loss and grief. Weddings, travel plans, graduations, and anniversaries have been cancelled leaving many heartbroken. We have been denied visitation with our loved ones who are dying alone in hospitals, and we can't gather for funerals. These forced changes add another layer of distress and loss. Our traditional ways of supporting each other through difficult times honoured the deceased and offered emotional support for those grieving. Some may even be reeling in regret and guilt because they were not able to be there to support their loved one in their final moments. While these feelings are difficult, it is important to remember that this is not a situation you could control. To some extent we are all dealing with a collective loss of the world as we once knew it. We have been forced to accept the changing times as we release what was once familiar. We are processing individual and collective grief alongside an uncertain future.



Even though the loss of a loved one is the main catalyst for grief, one can feel grief following any type of loss. With the closure of many businesses due to COVID, many are facing a loss of income and that in turn has resulted in other losses. As we distance from others and stay home, some will experience the loss of human contact and that can have an impact on their well being. During these challenging times, there is no certainty, whether that be with employment, health-care, education or our economy, everything seems unstable. Our attachment to the certainty gives us a false sense of some control, some assurance. When everything is up in the air, grief, depression and anxiety can take over.



# Coping with Grief during a Global Crisis

As we look for ways through, here are a couple of tips:

- Be mindful of your thoughts, when negative thoughts start taking over, remember you can also choose to change these thoughts to acceptance and gratitude. What you focus on grows, so choose to focus on what you're grateful for in the moment no matter how small.
- Look for small moments of happiness. Allow yourself to feel the happiness without feeling guilt for being happy. When the ego takes over and tries to rain on your parade, you can once again choose a positive thought.
- Keep a journal so that you can reflect on what is going on inside. This helps us connect to the thoughts that are rolling around in our heads and in turn helps build strength and courage in the face of adversity.
- Self care is important, do things that bring you joy. Get plenty of rest and stay connected with family and friends' event if virtually or over the phone.



There is no clear timeline for grief, no perfect formula or exact model for how to cope or behave. Currently we are experiencing a collective grief process that spans all races, economic classes and cultures. Our first step is to recognize the grief and give ourselves permission to feel the loss. It is possible that this level of collective grief will forever change the world. Change is in the air; we can and will find creative solutions to transcend the social boundaries in order to find ways to feel connected to both each other, and the people we have lost. We will grieve together, and we will heal together.



# It's Alright to be Angry

*Created by Omar Faruqi, MC, RCC on June 16th, 2020 for Surrey Hospice Society*

It's alright to be angry right now. These are frustrating times. Our world has been upended, twisted, and folded upon itself. The world we inhabit may no longer feel safe, recognizable, or just. We may be feeling let down by the various systems we expect to keep us safe. We may be feeling overwhelmed by anger at recent events. For some, anger has been borne by current events, for others, the anger has been sustained from one horrific act to another, or they may be too tired to be angry, but unable to move away from the feeling.



Anger can be a tiring emotion due to its intensity. It can be a safe emotion as it gives us space from other feelings (such as grief, sorrow, hurt, regret, anxiety, fear, or loneliness) that can cause us to feel vulnerable and exposed both to ourselves and the world around us. It can fuel behaviours that can be destructive, causing us to lash out those closest to us, cutting off contact from others and isolating ourselves from the world. It can also be an empowering emotion, inspiring us to stand our ground or take action to change the world. Anger can be a lot of things, whatever we need it to be. Ultimately, anger is a natural emotional response to acts, events, or behaviours that we perceive to be unfair or unkind.

The truth is, it's not just okay to be angry right now, it has always been okay to be angry. But anger can be viewed as a problematic emotional response, an emotion that needs to be dealt with and subdued as fast as possible. It can be an uncomfortable emotion, due to its intensity, impact on our behaviours, our history with anger and the actions fueled by it; or a general lack of familiarity with this emotion. Right now, anger may be more present in our lives than we would like due to the uncertainty brought forth by recent events, such as COVID-19 and the ongoing ethnic disparities continuously present in our societies.

Yet as mentioned above, anger is a natural and legitimate emotion. The problem with anger isn't with anger, but in how anger can be expressed and shared with one another. Anger can be constructive if we permit ourselves to feel and express it. Below are some brief tips on how we can use anger constructively without feeling scared or overwhelmed by the emotion.

Making sense of your anger by talking about it with a close confidant, trusted ally, or mental health professional. Give yourself permission to create a space with someone you trust where you can explore your anger without fear of judgement or criticism.

Examine the cause of your anger. If you find your anger is a suitable response to the experience or event that brought it forth, acknowledge this. Recognize that your anger is a part of you and your lived experience.



# Coping with Grief During a Global Crisis

Take your time with anger; do not rush yourself to express this emotion. Giving yourself time to sit with the emotion can not only help you better understand why it is present, but it can give you the time you need to formulate a constructive response to the trigger of the emotion.

Write a letter. Expressing your feelings in an unsent letter, can you give the space you need to unload all of your thoughts and emotions in a manner that is safe and free of judgement.

Move your body. The energy built up from anger can be channelled through movement, art, dance, exercise or any other activity, allowing you to unwind the body's physical response to anger.

Give yourself permission to ask for forgiveness. Sometimes we can be overwhelmed with anger and lash out those closest to us without just cause. Giving ourselves permission to apologize for actions we find regrettable can help us become more comfortable with anger. The goal is not to allow anger to be the only voice present in our life, or to suppress it, but to give it the space it requires, while also allowing for other emotions to be present.

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## Seeking folks who wish to join our Policy Governance Board of

### Directors:

To express your interest, please complete the [Application for nomination to the Board of Directors](#). Applicants must have an interest in leading and governing rather than being involved in how the Society operates on a day-to-day basis. If you are a visionary with a positive attitude, open to opportunity, a team player, and interested in making our community a better place through thoughtful consideration of and constructive contribution to board discussions, our Nominating Committee wants to hear from you.

Selected applicants will be interviewed and assessed on the basis of past governance experiences, interests in health care, and attributes required by the Board to fulfill its role over the next several years.

We follow a policy governance model designed to empower us to fulfill our obligation of accountability to our community. This allows us to focus on larger issues and to set and maintain a framework of delegation and internal control that ensures compliance with the Society's commitment to service.

Successful nomination and subsequent election would result in a one-year term, with eligibility to stand for re-election for a further six one-year terms.

Applications are invited throughout the year; however, a March submission deadline is generally published to allow for the necessary interview and selection processes to occur prior to the Annual General Meeting which typically occurs in April.

All nominations presented at the Annual General Meeting must come through our Nominating Committee. As there is an open invitation for potential candidates, nominations from the floor at the Annual General Meetings are not permitted.

Your application or questions can be submitted by email, or mail:

Board@surreyhospice.com

**Have a wonderful and happy, safe summer.**



Help Us Help the Community!

Donation Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Cheque  Visa  MasterCard

Credit Card No. \_\_\_\_\_  
\_\_\_\_\_

Expiry date: MM/YY \_\_\_\_ / \_\_\_\_ CVC \_\_\_\_

\*Visa or Mastercard—You can also call the office to process your credit card information.

**Monthly Donors:** I hereby authorize Surrey Hospice Society to make automatic monthly withdrawals from my credit card. I understand that I may cancel this authorization at any time by notifying Surrey Hospice Society, in writing. I will receive a tax receipt for the total amount of my monthly gift on an annual basis. I have provided my Credit Card information.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



Mission Statement

Rooted in the community and branching out to those in need, we provide social, emotional, and spiritual support for individuals and their loved ones as they face a life limiting illness, and on-going grief support programs for children, teens and adults.

We believe that no one need face a life-limiting illness alone, and no one need be alone with their grief.

We offer “Companions for the Journey”.

**Contact Us**

For more information about our services and programs please contact us at:

**Surrey Hospice Society**  
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Surrey, BC V3W 1A8

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